



Public Health Data

Bennett, Colorado

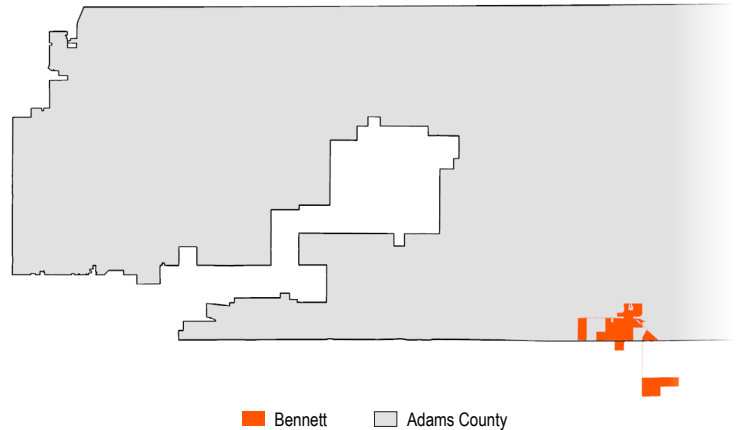
Adams County Health Department | August 2024

Population Figures

Total Population 3,097

Population within Adams County	2,676
Median Age	34.5
<5 Years Old	5.5%
5-19 Years Old	23.6%
18+ Years Old	73.3%
65+ Years Old	8.9%
Female	48.5%
Male	51.5%

Source: American Community Survey, 5-year estimates, 2022 (Dec 2023 release)



Demographics

Race

White, Non-Hispanic	72.9%
Other Race, Non-Hispanic	2.2%
Black/African American, Non-Hispanic	1.5%
Asian, Non-Hispanic	0.8%
American Indian/Alaska Native, Non-Hispanic	0.5%
Native Hawaiian/Pacific Islander, Non-Hispanic	0.0%

Ethnicity

Hispanic/Latino (any race)	17.9%
Not Hispanic/Latino (any race)	82.1%

Source: American Community Survey, 5-year estimates, 2022 (Dec 2023 release)

Education

No High School Education	10.8%
High School Graduate or Higher	89.1%
Bachelor' Degree or Higher	20.5%
Age 3-17 Enrolled in Public School	81.2%

Language

Speak English Only	85.3%
Speak Language Other than English	14.7%
Speak Spanish, Limited/No English	35.2%

Cost of Living and Insurance

Total Households 1,120

Median Household Income	\$82,035
Households Living At or Below Poverty	6.5%
Households Receiving SNAP Benefits	6.1%
Average Household Size	3
Median Gross Rent	\$1,286
Private Health Insurance	60.1%
Public Health Insurance	34.2%
Medicaid/Public Coverage	24.1%
No Health Insurance	11.9%

Source: American Community Survey, 5-year estimates, 2022 (Dec 2023 release)



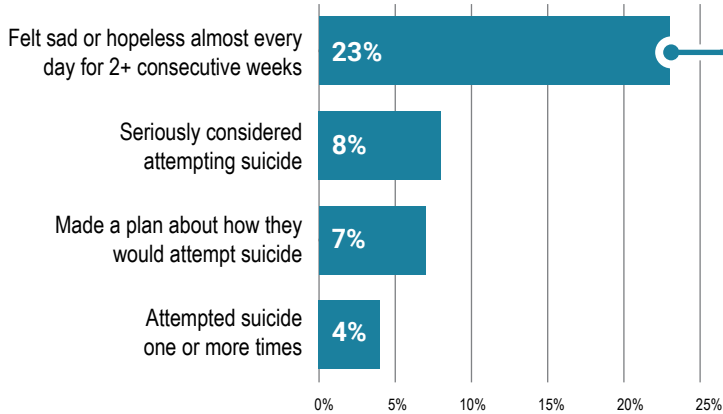
A standard first promoted by the United States National Housing Act of 1937, still in use today, is that households should not spend more than 30% of their income on rent or a mortgage so enough money remains to cover non-housing-related needs.

11.7% of Bennett renting households, consistently spend more than 30% of their income on rent

27.4% of Bennett households with a mortgage, consistently spend more than 30% of their income on owner costs

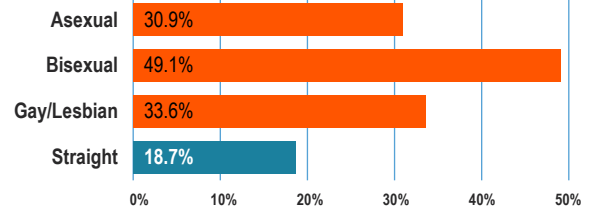
Youth Mental Health Indicators in Adams County

Percentage of students who, during the past 12 months, ...



Source: Healthy Kids Colorado Survey, 2023

Respondants by Sexual Orientation



Youth who identify as something other than “straight” bear a disproportionate burden of mental health distress. There are similar disparities across all gender stratifications, and across the other mental health indicators.

Food Insecurity in Adams County



In a healthy community, all residents can access safe, healthy, and culturally appropriate food and are able to practice good eating habits. In Adams County, many people experience food insecurity, or the limited or uncertain availability of nutritionally adequate and safe foods. This issue is a household-level economic and social condition, and while the condition is complex and can be caused by numerous factors, the root cause is poverty or economic instability.

*Child Health Survey, Colorado Department of Public Health and Environment, 2023; **Healthy Kids Colorado Survey, 2021; ***Pregnancy Risk Assessment Monitoring System, Colorado Department of Public Health and Environment, 2020-2021; ****Behavioral Risk Factor Surveillance System, Colorado Department of Public Health and Environment, 2022

Food Insecurity in Adams County

